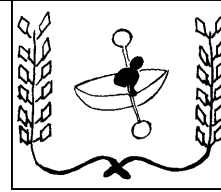


**CANOEIST
INTEREST BADGE**


Date Passed

Signed

NOTE: The standard required for this badge is to handle a canoe on a grade 2 river of medium to normal fullness. It is essential that the candidate be physically strong enough to handle a submerged canoe on a flowing river.

1. Pass or have passed the Canoeing Scoutcraft Badge. _____ 1
2. Discuss the design features of canoes (length, width, etc) and how these impact on a canoe's performance. _____ 2
3. Demonstrate how to maintain a canoe in good condition and carry out simple repairs to it. _____ 3
4. Have acted as assistant Quartermaster at two Troop camps, being responsible for the issuing of rations and the issuing and return of equipment. _____ 4
5. Demonstrate sound safety measures when canoeing on rivers, including paddling on unfamiliar routes and approaching hazards. _____ 5
6. Demonstrate your competence to paddle a canoe on a flowing river, including:
 - a) General knowledge of paddling on moving water.
 - b) How to read the river.
 - c) Launching from the bank, and entering the mainstream.
 - d) Turning around and paddling upstream.
 - e) Ferry glide facing upstream and downstream.
 - f) Successfully shoot a fair-sized rapid or weir.
 - g) Approach the bank and climb out onto the bank.
 - h) Capsize in the current and swim the canoe to a shallow or safe place, empty the water and re-board. _____ 6
7. Show a knowledge of the following obstacles and hazards to be encountered on rivers, how to avoid them, and emergency procedures:
 - a) Eddies, holes, stopper waves, standing waves, backwaters and contra-flow currents at weirs or similar man-made constructions.
 - b) Rocks and rapids.
 - c) Bridges.
 - d) Trees and low branches.
 - e) Fences.
 - f) Other canoes and canoeists. _____ 7
8. Take charge of two other canoeists on a 24-hour expedition of at least 30 kilometres, camp overnight, and keep a log. Before departure explain priorities. The expedition must include:
 - a) Permissions and approvals for the expedition.
 - b) The correct stowage of the kit and equipment in the canoe.
 - c) The portage of canoes over roughish terrain.
 - d) Choice of a good campsite and good camping standards.
 - e) A knowledge of river hygiene, river first aid and the need to take in adequate fluids and nutrition.
 - f) Carrying out emergency repairs to canoes and paddles.
 - g) A reasonably detailed log of the journey, noting major hazards, important or interesting features (anchorages, landing beaches, campsites and other facilities), and any wildlife encountered. The log should cover a fair description of the river, with sketch maps showing the general course of the river, dams, weirs, rapids, irrigation schemes, power stations, towns and important natural features passed on route. _____ 8